



BLESSED MICHAEL J. MCGIVNEY SCHOOL

CATHOLIC COMMUNITY CULTURE AND ACTION TEAM MEETING

(CCCCAT)

Monday November 22, 2021

Virtual

AGENDA

Attending: D. Birkenbergs, R. Gallo, K. Alves, J. Resendes, A. Nanfara, C. Carvalho, J. Silva, J. Cabral

Regrets: K. Young

1. Welcoming and Introductions – R. Gallo

- * Welcoming and Prayer

- * Round table introduction

2. Purpose of Committee and Objectives – R. Gallo

Team to focus on safety, security, care and well-being of students

Team Focus this year: "Anti-Bullying and Health and Wellness" initiatives for the school community (safety, security, care, and well-being of students)

CCCCAT is required under Safe Schools legislation

Team will meet two more time (Feb and May)

Committee will function as advisory to school administration; collaborate in order to develop strategies to meet the needs identified in our school

3. CCCC Climate Survey data – R. Gallo

Provides data for potential initiatives

A few samples of survey data were provided to allow members to gain an understanding of the current climate at Blessed Michael J. McGivney.

Primarily a positive learning environment based on the samples of data provided in the PowerPoint.

- 4. Focus**
1. Faith Focus
 2. Community and Belonging Focus (Anti-bullying, Virtues, workshops)
 3. Health and Wellness focus

5. Open Discussion

- Bullying standpoint, the students do a really good job with inclusion and allowing others to have a voice in a number of different situations – J. Resendes
- This committee has not had the opportunity to meet based on the current COVID situation. Some of the data may be skewed as a good portion of students are no longer students at Blessed Michael J. McGivney. – D. Birkenbergs
- There are funding opportunities for some of the initiatives that may be presented for the students to participate in. – D. Birkenbergs
- Initiatives for students with special needs is something is a possibility for students. – J. Cabral
- Opening of a Google Form to allow members to offer suggestions of initiatives – R. Gallo
- Based on climate survey data parents/guardians remain the primary person that students speak to in times of stress/anxiety etc.

Realities of COVID/CCCCAT and the impact of students returning to in person learning, and what that looks like. The mental health of both staff/students.

What are we able and unable to do? What will it look like?

Google Form Responses;

Daniel Birkenbergs	Lenten Retreat	Dependent on health & safety requirements, a carousel-style 1/2 day retreat focused on faith with various activities for students to complete.
Daniel Birkenbergs	Mindfulness & Joy Day	Similar to Lenten retreat, but a dedicated day to mental health and well-being activities
Angie Nanfara	Play Christmas Music	Play Christmas music over the announcements in the morning while students are walking into the building. This would encourage students to bond together as they sing familiar songs. Music also tends to put students into a happy mood. I think this would promote faith, belonging and mental wellness.

Angie Nanfara	Spring - Walking Wednesday (15 to 20 min)	In April, create a schedule where classes can take their students outside(walk around the track) or walk around the school. Regular physical activity promotes health and wellness and helps students focus during the day.
Roy Mason	Stress Management Skills	<ul style="list-style-type: none"> • The program will aid in creating an emotionally-healthy classroom environment by providing a series of activities that promote learning, discussion and self-awareness • The program will aid in fostering coping, stress management and problem solving skills